

CEBT

TRIAD EAPSM

An AllOne Health Company

Your **ONE SOLUTION**
for whole health

with support from

ALLONE
HEALTH

CEBT AND TRIAD EAP PARTNERSHIP 3 YEAR REVIEW



COUNSELING UTILIZATION UPDATE:

- Utilization continues to steadily increase amongst all industries.
- Since July 2020, 193 groups have had members access services.
- Q1 comparisons 2021 – 2023 shows a 45% increase in utilization.
- On track for 7% utilization in 2023





ORGANIZATIIONAL SUPPORT UPDATE:

Since 2020 CEBT and Triad have provided

- 20 Crisis Support Cases
- 154 hour of professional development training
- 7 Supervisory Referral Cases
- 14 Conflict Resolution Cases
- 4 Organizational Development Cases



JOHN GRIBBEN

“After 24 years of owning and operating Triad EAP I am headed into uncharted waters - retirement. In preparing for this transition, I wanted to find the right partner to maintain Triad's commitment to exceptional service and high-quality care while also bringing innovation and next-level support to our clients. I found that partner in AllOne Health.”



INTRODUCING ALLONE HEALTH

The premier provider of **mental health and well-being benefits** for organizations worldwide.

- **50+** Years of experience
- **6M+** Lives Covered
- **3,000+** Organizations
- **300+** In-house Experts
- **20,000+** Provider Network
- We're Adding **120+ Colorado-based Providers** to Your Network

We provide solutions that strengthen mental health, transform physical health, build financial wellness, and **help people and organizations unleash their full potential.**

EXPERIENCED, HIGH-TOUCH TEAM SUPPORTING CEBT



Kenra Haftel
Director of Client Relations



Marti Montoya
*Clinician and
Account Manager*



Nikki Hanks
Account Manager



Keith Wasley
President and CEO



Bryan Levy
Regional VP



Sandy Glashaw
*Director of
Corporate Relations*

WHO WE SERVE



OUR APPROACH

More than just an assistance program, **we are your one solution for whole health.**



Mental Health

Employee Assistance Program (EAP), Counseling, Life Coaching, Mindfulness, Student Assistance



Physical Health

Wellness Coaching, Challenges, Courses, Well-Being Platform



Financial Wellness

Financial Coaching, Legal Consultation, Online Tools & Financial Training



Family Care

Referrals for Caregiving, Adoption, Life Milestones, Inclusive Coverage



Lifestyle Support

Personal Assistant, Community Resources, Volunteering & Giving Back



Organizational Health

DEI Support, Organizational Development, Crisis Management, Training



Mental Health Sessions

Short-term, solution focused counseling available to members, their spouse or domestic partner and dependents ages 6 – 26.

- **Manage stress, anxiety, grief, and depression**
- **Resolve conflict and improve family relationships**
- **Address substance misuse concerns**
- **Support and consultation for personal and work-related issues**
- **Sessions can be held in-person, telehealth or by phone.**



Life Coaching

Short-term coaching to members and their families

- **Achieve personal and professional goals**
- **Manage life transitions**
- **Improve stress and time management**
- **Live a more purposeful life**
- **Overcome obstacles**
- **Strengthen relationships**
- **Improve communication**
- **Manage multiple projects and demands**



Financial Consultation

Connect with a certified financial counselor for help with:

- **Budget coaching**
- **Bankruptcy consultation**
- **Home buying**
- **Debt management consultation and resources**
- **Managing taxes**
- **Identity theft**
- **Retirement questions and guidance**
- **Saving for college**



Legal Consultation

Connect with a qualified attorney for a consultation on personal legal matters, such as:

- Estate planning/wills
- Real estate
- Bankruptcy
- Divorce/custody
- Eldercare
- Adoption



Work-Life Resources and Referrals

Connect with knowledgeable consultants who can help provide referrals and information for family, caregiving and work-life balance needs:

- Child care
- Elder care
- Pet care
- Adoption
- Special needs support
- Education
- Enrichment activities
- Housing
- Transportation
- Community resources and referrals



Personal Assistant

Save time with help from our specialists who provide information and referrals for a variety of personal needs:

- Travel research and referrals
- Moving and cleaning resource referrals
- Home and auto repair options
- Sporting and entertainment information

CONVENIENT ACCESS TO CARE

Experience all the benefits of digital access, backed by the **highest standards of care and service.**



24/7 Access to Request Services

- Phone
- Text
- Member Portal with Live Chat
- Online Requests



Care Your Way

- Video Counseling Sessions
- In-Person Sessions
- Telephonic Sessions
- Options to Text with a Therapist
- In-the-Moment Support for Emotional Distress



Privacy Is Protected

All Contact Is Confidential, HIPAA-Compliant and Secure

IT'S ALL ABOUT MEMBER ENGAGEMENT

- Insights E-Newsletter & Hub
- Two Free Monthly Webinars
- Promotional Toolkit and Digital Materials
- Video Marketing & Orientations
- Year-Round Mental Health Awareness Promotions
- Annual Content Calendar



LEADERSHIP & ORGANIZATIONAL SUPPORT



We empower leaders with **support, resources and tools** that drive performance.

- Informal and Formal Referrals - included
- HR Consultation
- Training – 50 hours / annual included.
- Conflict Resolution
- Critical Incident Response
- Account Management / Benefit Fair Participation – 30 hours / annual included.
- Addressing Performance Challenges
- Program Promotion and Engagement

PREMIER MEMBER PORTAL

Features:

- 24/7/365 Access to Counseling & Request Services
- Live Chat and Text Requests
- Thousands of Articles, Videos, and Interactive Activities
- Nationwide Resource Locators
- Integrated Soft Skill Courses
- Discount Marketplace
- Free Monthly Webinars
- Financial and Wellness Modules
- Member Profile & Organization Modules
- Administrative Dashboard
- Self-Service Reporting



SUPPORT AFTER THE EAP

Triad EAP will work with members to assist them with a smooth transition from EAP to health insurance services, making the process as simple and stress free for members as possible.

Continuity of Care – Our connection service team will make referrals to insurance accepting providers when possible. When self-directed, the member will have the option of identifying affiliates accepting their health insurance plan.

Transition Assistance – Our affiliates will help the member understand their options when transitioning from short-term to long-term counseling when necessary.

Education – We will explain the difference between EAP short-term, solution focused counseling and long-term counseling offered through insurance.

Collaboration – Triad welcomes the opportunity to work with CEBT health insurance provider and health care clinic representatives, so each vendor has a thorough understanding of services provided.





LOOKING TOWARD THE FUTURE

State-of-the-art virtual platform giving members self-scheduling options for telehealth counseling.

iCBT – internet based Cognitive Behavioral Therapy to help self-manage depression, anxiety, grief and stress.

"People really appreciated not only the fact that you sent something out but also that it addressed the fact that these kind of events impact almost everyone, whether they are real or not, whether they have kids in the school system or not."

-Garfield County HR referring to the Colorado school shooting hoax

"I am constantly blown away by how prompt, efficient, and courteous Triad service is. I never dread calling."

-City of Gunnison

"Triad made it easy and fast to get the help my family needed."

-Town of Parachute

I am really grateful for the EAP and partnership with Triad and affiliates. It has helped my family find the right therapist and the financial help to continue sessions.

-Thompson School District

"TRIAD's responsiveness and client service is unbelievably good - and that has always been my experience. Thank you for making the process so quick and painless."

-Aspen School District No.1

"As always kind and professional, just the voice you want to hear when you call in, especially the first time."

-Durango Fire Protection District



QUESTIONS?
